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19/10/2017

To,  
Respected President/Secretary/Head Coach,

**Subject: INVITATION FOR RYP INVITATIONAL SPORTS MEET - 2017**

Dear Sir/Madam,

Dr. Ramesh Prabhu had a tall dream in mind when he established *Prabodhankar Thackeray Kreedha Sankul*. He wanted to create infrastructure that would-be world class and open to everyone. His intention of doing so was to encourage everyone to live an active and healthy lifestyle. Over the years, his dream was realized bit by bit. PTKS has grown from being a recreational facility to a first-grade competition-ready setup where we can provide a first grade set up for athletes. Many of these athletes have gone on to make a mark in their sports on an international level. An arm of PTKS which intends to churn out stellar Olympic athletes is on the horizon.

The next leg of this journey is defined by pushing our limits of perfection too. In keeping with Dr. Prabhu's dream, we wish to take this dream to a higher zenith by making it a Centre for excellence and following a structured goal centric approach. Paramita means perfection and we wish to aim at our Paramita too.

Keeping this in mind it's our pleasure to announce first ever '**RYP Invitational Sports Meet 2017**'. It will be a 15 days sports extravaganza, which aims to bring together students, their parents, coaches, sports academies, talent scouts, physiotherapists and other sporting personalities under one roof where aspirant sportsmen will be compete in 9 different sports (Swimming, Diving, Rifle Shooting, Gymnastics, Futsal, Table Tennis, Pickle Ball, Bodybuilding and Judo) which will be conducted and operated by premier administrative bodies of those respective sports guided by coaches.

**Venue: Prabodhankar Thackeray Krida Sankul, Shahaji Raje Marg, Vile-Parle (East), Mumbai 400057**

**Date: 25<sup>th</sup> November – 10<sup>th</sup> December 2017**

We are pleased to inform that we are organising an **inter club State Level Artistic Gymnastic competition on 9 and 10<sup>th</sup> December, 2017**, with an objective of promoting talent and providing a platform for young gymnasts to compete with the best in their field, on FIG approved international equipment.

The details of the competition are enclosed herewith.

We are delighted to invite your team to participate and be a part of this sports meet. We also invite qualified judges from your unit to help execute the competition fairly and smoothly.

Do confirm your entries at the earliest, within the stipulated timelines so that we can organize and make appropriate arrangements.

Yours truly,

Neelam Babardesai. Gymnastics Head coach.



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Please find below the details of the event.

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**A. Venue :**

Competition would be held at Prabodhankar Thackeray Kreedasankul, Shahaji Raje Marg, Vile Parle East, Mumbai 400057.

Reporting on 8<sup>th</sup> Dec 4.30 pm to 9 pm

Or latest by 9<sup>th</sup> Dec 8.30 am

**B. Rules :**

• ***Age groups and events:***

Sub Junior Girls (Under 12) (Birth Year 2006-2007): FX, BB, VT, UB

Sub Junior Boys (Under 14) (Birth Year 2004-2007) : FX, VT, RR, HB, PH, PB

Mini Girls (Under 10) (Birth year 2008 or After) : FX, BB

Mini Boys (Under 10) (Birth year 2008 or After) : FX, VT

- Birth certificate or Age certificate from school – need to be submitted along with entry for each participant. No player will be allowed to participate without valid photo id and age proof
- Any participant found over age or with manipulation of documents will be disqualified without any prior intimation
- Judging would be done based on GFI technical rules and regulations for Sub Junior and Mini Age group
- Special prizes would be given for girls for best choreography and presentation based on scoring rules mentioned in Annexure A.
- Team comprises of 5 gymnasts (Best 4 Score).
- Entry fees : Rs. 400 per gymnast and Rs. 500 per age group. (eg. If 5 gymnasts participating in boys and girls Under 10, Total fees would be  $5*400 + 5*400 + 500 = 4500$ )
- Entries to be sent by email to [gymnastics@paramita.me](mailto:gymnastics@paramita.me) , **latest by 15<sup>th</sup> November** . Kindly send it in the template mentioned in Annexure B.
- Entry fees to be submitted by cash or transferred via NEFT latest by 20<sup>th</sup> November. Entry would be confirmed only after entry fees are received.
- In case of any dispute, the decision of organizing and technical committee will be final



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**C. Competition Format**

- Team, All Around and selection of best 8 for Event (best 2 from each team), will be determined from competition 1. The best 8 will compete separately for Event Championships.
- Only best 3 places for All Around, Event championship and team championship will be awarded medals and certificates.
- Trophies will be awarded for winner and runner up for All around and team championships.
- Cash prizes (worth Rs 1.5 lakhs – approx..) will be given for All around and Team championship
- The teams will compete with 5 gymnasts on each event, and best 4 scores per team will be considered for team championship.
- Only gymnasts who compete on all the events will be eligible for the All Around championship
- Gymnasts will need to execute a single vault only for eligibility for and Event Championship

**D. Lodging and boarding**

The units will need to manage their own accommodation and food.

We will suggest hotels around for stay and help you with the best rates, in following 3 categories :

- a. Dormitory/Hall – approx. rates @300-500 per person
- b. Non Ac – approx. @1200-1500 per room (2-4 pax per room)
- c. AC – approx. @1500 – 2500 (2-4 pax per room)

The rates can be better negotiated only if you mention the same in the registration form and confirm minimum 15 days before the competition.

Food will be provided at subsidized rates to all participants, provided they confirm the same in the registration form. Payment for the same will need to be made along with entry fee. Rs. 125 to include 1 breakfast, 1 lunch and 1 snack.





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**E. Preliminary schedule - tentative**

8 <sup>th</sup> Dec 2017	4 to 7 pm	Podium practice
9 <sup>th</sup> Dec 2017	8 am – 8.30 am	Reporting
	8.30 to 9 am	Warm up
	9 am	Opening
	9.30 am	Competition starts
		<i>Details to follow – will confirm in separate mail by 30<sup>th</sup> November.</i>
10 <sup>th</sup> Dec 2017	9 am	Reporting for Event Championship
	9.30 am	Sub Jr Event Championship
	11.30 am	Mini Event Championship
	2.30 pm	Closing and Prize distribution

Kindly fill the registration form (soft copy) and email to [gymnastics@paramita.me](mailto:gymnastics@paramita.me).

We request your co-operation and support to make it a successful event.

For further details, get in touch with Neelam Babardesai (9820562111) or Vishal Katakdound (8369144070)



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**Details of FX choreography**

**Annexure A**

**Details of deductions during dance choreography for Under 12**

Sr.no	Description	Marks deducted
1.	Insufficient use of floor	Upto 1.0
2.	Insufficient variation in music	Upto 0.5
3.	Dance not in 'releve' position	Each time 0.2
4.	Toes not pointed	Each time 0.2
5.	Legs bent	0.1, 0.3 and 0.5
6.	Legs apart on landing	0.1 and 0.30
7.	Legs apart in flight phase	0.1 and 0.30
8.	Amplitude	0.30
9.	Legs separation during leap	1<180 > 135 : 0.3, below 135 – 0.5
10	Relation not there between music and movement	Each time 0.30
11	Expressions not there	0.50
12	Disconnected movements	0.30
13	Variation missing in movements	0.30
14	Ground touch movements missing	0.50
15	Lack of synchronisation between movement and music at the end of exercise	0.10
16	Excessive arm swing before dance element	Each time 0.10
	Poor body posture - head, shoulder, arm position	Each time 0.10

**Details of deductions during dance choreography for Under 10 girls**

Sr.no	Description	Marks deducted
3.	Insufficient use of floor	Upto 1.0
4.	Insufficient variation in music	Upto 0.5
17	Dance not in 'releve' position	Each time 0.1
18	Toes not pointed	Each time 0.1
19	Legs bent	0.1, 0.2 and 0.3
20	Legs apart on landing	0.1 and 0.20
21	Legs apart in flight phase	0.1 and 0.20
22	Amplitude	0.20
23	Legs separation during leap	1<180 > 135 : 0.2, below 135 – 0.3
24	Relation not there between music and movement	Each time 0.30
25	Expressions not there	0.30
26	Disconnected movements	0.20
27	Variation missing in movements	0.30
28	Ground touch movements missing	0.50
29	Lack of synchronisation between movement and music at the end of exercise	0.10
30	Poor body posture - head, shoulder, arm position	Each time 0.10



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